



Gina Keeping

Transformational Speaker + Coach + Consultant

Gina Keeping is a sought-after speaker known for her dynamic presentations on personal empowerment and growth. With extensive coaching experience and 15 years of teaching she captivates audiences by sharing actionable insights on overcoming self-doubt and creating a purposeful life, career or business.

I truly believe that when you take care of your employees, they will take care of your business.

AS SEEN IN

Positive Thinkers Club

EQUINOR

Municipal Agency

GATEWAY STATUS OF WOMEN COUNCIL

Professional Municipal Administrators

SIGNATURE TOPICS

- ✓ Women Empowerment
- ✓ Self-care and burnout
- ✓ How to actually make effective change
- ✓ Effective Leadership
- ✓ From hardship to hope - overcoming your challenges

LET'S WORK TOGETHER!

Please feel free to contact me for any concerns or questions.

Base Price: \$1000 / 1 hour

✉ info@ginakeeping.ca

🌐 www.ginakeeping.ca

"When she got up on the stage, she commanded the entire audience with her infectious laughter and smile. Gina is so unbelievably real and relatable. If you're looking for someone to leave a group of individuals full of hope and confidence, she's your person." — Gateway Status of Women Council